



# **Supplementary Agenda**

**for the**

**General Meeting of the Council**

**to be held in the**

**Council Chambers, 118 Victoria Street, St George**

**on**

**Thursday 21st November 2019**

**Commencing at 9:00am**

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# MEETING BUSINESS BY CORPORATE FUNCTION

## (IFS) INFRASTRUCTURE SERVICES

ITEM	TITLE	EXECUTIVE SUMMARY	PAGE
<u>IFS2</u>	<b><u>EXPRESSION OF INTEREST FOR ADULT NIGHT SWIMMING AT THE ST GEORGE SWIMMING POOL</u></b>	<i>Expression of Interest for Adult Night Swimming at the St George Swimming Pool</i>	3

## OFFICER REPORT

**TO:** Council

**SUBJECT:** Expression of Interest for Adult Night Swimming at the St George Swimming Pool

**DATE:** 19.11.19

**AGENDA REF:** IFS2

**AUTHOR:** Andrew Boardman - Director Infrastructure Services

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### Executive Summary

Expression of Interest for Adult Night Swimming at the St George Swimming Pool

### Background

Council has received a community Expression of Interest for Adult Night Swimming at the St George Swimming Pool (Attachment 1). The request is for three nights a week (Monday, Tuesday and Thursday) from 7pm – 9pm and is for adults only. It also desires the waiver of the facility hire fee with the use of volunteer lifeguards and proposes an alternate entry fee for the period for those that don't have seasonal passes.

The request includes a list of supporting community members and 2 letters of support (Attachments 2 & 3) from medical professionals.

Further to this request other details have now been added and sent to the Councillors from requester. This further information has asked if a volunteer option under Council, ran like Dirranbandi pool could also be another option.

### Financial and Resource Implications

Collection of night swimming entry fee  
Additional cost of electricity (lights)  
Additional cost of operations

### Attachments

1. Expression of Interest - Adult Night Swimming.pdf [↓](#)
2. Expression of Interest - Night Swimming - Letter of Support - Alexandra Donoghue .pdf [↓](#)
3. Expression of Interest - Night Swimming - Letter of Support - Dr Desley Marshall.pdf [↓](#)

### Recommendation/s

That Council resolve to undertake a trial of the new operational hours of the pool for adult swimming on Monday, Tuesday and Thursday nights from 7pm - 9pm for a three-month trial to understand patronage,

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additional operational costs and community need. This trial will be operated in accordance with Council's operational requirements.

Andrew Boardman  
**Director Infrastructure Services**

### **Expression of Interest - Adult Night Swimming St George Swimming Pool**

We would like to propose Adult Night Swimming for the community of St George as a health and wellbeing initiative three nights a week from 7pm to 9pm.

The purpose of the initiative is to offer those community members who are unable to attend the pool during its current operating hours due to work commitments, family commitments and living out of town the opportunity to come and utilise the pool for personal fitness, health and mental wellbeing.

We would like to request that the hire of the pool be waived for the duration of the night swimming and in return the Lifeguards offer their time voluntarily as a goodwill gesture for the community.

We would encourage all pool users to hold a season pass for ease of use. However, this may not suit some people who would like to participate. Council could set the Night Swimming Sessions entry fee's at a different cost for those that do not hold a seasonal pass. For Example - \$10/week for three Sessions or \$4.00/single entry).

Only adult swimmers would be encouraged to use the pool during the Night Swimming times. This initiative is only on offer for Adult Swimmers, night swimming is not for children, children have the opportunity to use the pool during Council's current operating hours of 3-6pm daily.

We would like to propose the following nights if our Expression of Interest is accepted by Council:

Monday 7pm to 9pm  
Tuesday 7pm to 9pm  
Thursday 7pm to 9pm

We understand that there are multiple groups/clubs whom currently utilise the pool out of hours and would like to work in with those clubs where necessary.

If the Adult Night Swimming is proven to be popular within the Community, we may be interested in opening the pool one additional evening of the week.

Considering the current climatic conditions and the general feeling within the community. We feel that by offering alternative swimming times for Adult swimmers, it may encourage people to get out and active with a sense of personal achievement and improved mental wellbeing.

Volunteer Lifeguards:  
Tammie Neighbour  
Sasha Behrend  
Additional Lifeguards may volunteer.

Further to our proposal we have support from the following community members who are interested in Adult Night Swimming:

Jenny Street  
Scott Brimblecombe  
Heather Brimblecombe  
Kerri Moon  
Karen Beardmore  
Cheryl Rigg  
Jess Kennedy  
Raelee Morris  
Sally Stride  
Desley Marshall  
Leisa Mulholland  
Natasha Haynes  
Claire Armstrong  
Karen Armstrong  
Fiona Jones  
Michelle Brown  
Jade Vickers  
Jacinta Morris  
Bec Lomman  
Rob Lomman  
Sarah Knights  
Kasey Lockwood  
Katrina Price  
Cindy Doonan  
Georgie Scott  
Natasha Beardmore  
Shannon McNamara  
Janene Bowman  
Ben Gardiner

Kelly Webster would be interested in running Aqua Aerobics one night a week. In the past when she has run later aqua aerobic classes she has had between 20 – 25 participants.

Claire Armstrong is interested in running Adult Swimming squad sessions for adults who are interested in stroke correction and squad training sessions for beginners, intermediate and advanced swimmers. Claire currently has 15 interested people.

Ben Gardiner has registered interest for the Rugby Union Club to do some training sessions at the pool.

We thank you for your time and consideration of the above and look forward to hearing from you.

**Contact:**

Sasha Behrend - 0428 852 863  
Tammie Neighbour - 0455 996 642



Balonne Shire Council  
Victoria St  
St George QLD 4487

14 October 2019

Dear Mayor and Councillors,

I write in support of the proposal put forward by Ms Behrend to open the pool for an additional 2 hours from 7-9pm three nights a week.

As you are aware the current drought conditions are unprecedented, creating stress which is manifesting as mental health issues at every level of the community – among our seniors, our mums and dads, our children. Exercise is well documented in the psychological literature to be a **major** protective factor in relation to mental health issues. Similarly, individuals recognising their ‘agency’, that is, their capacity to do something positive in the face of adversity, is also extremely powerful from a psychological perspective.

This proposal involves these two positive mental health contributors: positive grass roots community agency, and the possibility of more access to exercise for a community that is extremely vulnerable. As such, it presents an opportunity to directly assist community members with their health and wellbeing, particularly working individuals who may be unable to access the pool during the current hours.

I urge the Balonne Shire Council to recognise the mental and physical health benefits of this proposal, and to consider this proposal favourably.

Kind regards,

**Alexandra Donoghue**

**Mental Health Occupational Therapist**

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Box 208  
StGeorge  
Qld 4487  
14<sup>th</sup> October 2019

The Balonne Shire Council ,  
Victoria St  
St George

Dear Sirs/Mesdames,

I am writing to support and application led by Sasha Behrend to have the opening hours of the StGeorge Pool extended to have evening sessions for adults.

I feel this application is very worthy because of the benefits to the community not only for allowing workers and stay at home partners to have better access to the pool when children can be left in the care of one partner but also for health benefits to individuals.

The health benefits of swimming are well established and I have noticed the age groups using the pool span all age decades. Elderly people in particular gain benefit from aerobic activity without weight bearing joints being damaged.

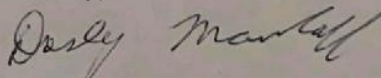
People recovering from cardiac procedures and events can gain much from graduated water activity and those adults needing to lose weight have shown remarkable results from a regular swimming regime .

Personally I have also been using the pool for the past 5 years and have noticed improvements in flexibility, muscle strength, aerobic capacity and joint mobility .

The risks associated with swimming during daylight hours especially those hours of high UV exposure are very real in our climate with a high risk of skin cancer in particular melanoma .Night time swimming would eliminate these risks especially for particularly vulnerable people including those with past skin cancer .

I fully support this application for night swimming.

Yours sincerely ,



(Dr) Desley Marshall MBBS FRACGP .



# CONFIDENTIAL ITEMS

## (CCES) COMMUNITY & ENVIRONMENTAL SERVICES

ITEM	TITLE	EXECUTIVE SUMMARY	PAGE
CCES5	<b><u>MURRAY DARLING BASIN ECONOMIC DEVELOPMENT PROGRAM - DIRRANBANDI AND ST GEORGE WILD DOG EXCLUSION FENCE PROJECT</u></b>	<i>This item will be discussed in closed session in accordance with section 275 of the Local Government Regulation 2012.</i>	

# INFORMATION REPORTS