

What is GymbaROO?

GymbaROO is a parent/child education program run by qualified teachers. The program offers classes of age appropriate weekly sessions for babies as young as 6 weeks to children of 5 years. The classes enable parents to be actively involved in their child's development.

Children learn more in their first few years than in any other time of their lives. Recent research has shown that appropriate learning experiences and stimulating activities in these early years can have a positive impact on a child's entire life. GymbaROO offers a broad range of experiences within a loving, caring and supportive environment. We aim to encourage happy and bright children who love learning and are given every opportunity to reach their full potential in life. What more could parents ask for?

Of course, above all, GymbaROO is lots and lots of fun. Children love it. Parents love it. There is nothing quite as rewarding as being actively involved with your child's development. You watch them brighten with excitement and participate with enthusiasm as you help them experience the pure joy of learning.



Give Your Child A Head Start On Learning...

More about GymbaROO

Free Play – We begin each session with free explorative play on our gym equipment with the support of a care giver.

Mat Time – To commence mat time, we blow lots of bubbles for the children to come and watch while we then sing our welcome song followed by coordinated movement to music, essential skills, songs and rhymes, group dance, massage, vestibular activity and use of small equipment. We talk about our special visualisation theme for the week. This theme is in the treasure bag and the children receive a stamp on their right hand and foot. Each term follows a theme and each week we learn songs and rhymes that follow our theme.

Equipment Time – We have a hall filled with large equipment that has been especially designed and made for young children. Children practice their coordination skills e.g. climbing, balancing, sliding, tumbling, rocking and hanging.

Younger children will use this time as a valuable exploration time. They will be experimenting with their bodies and learning about spatial awareness and their own capabilities. The staff are nearby, ready to offer guidance and teach new skills.

Older children enjoy the challenge of following instructions and practising new movement experiences as well as skill development at perceptual motor stations.



Music and Parachute Time – Each week we play with a different percussion instrument. Then our big colourful parachute comes out for children to lie under and relax while parents wave it up and down. Older children also learn group cooperation as we use other concepts with the parachute. We sing our Goodbye song and the children take home their visualisation book with their theme word and picture for the week.

BabyROO: For babies from 6 weeks

In this precious quality time with your baby, you learn how to provide sensory motor activities that help your infant to learn more about themselves and their world, so that their brain can amass important information on which later learning is so dependent. Activities include stimulating babies by singing, massage, exercises, music, dancing and using the special large equipment for our babies.

Our babies are divided into 2 classes:

Non-Mobile Babies

A special class for younger babies.

Mobile Babies

For tummy or hands and knees crawlers.

GymbaROO for 1 year olds

An exciting, safe environment in which children can experiment and explore. With parents there, this age group feel secure, but have the independence to try out the fun new activities, learning about space and balance. At about 18 months climbing starts to dominate their activities, and this is the perfect place to learn to climb safely.

GymbaROO for 2 year olds

Greater concentration and the desire to practise new skills of running, jumping, balancing and climbing, enable our two year olds to tackle most of the equipment independently. The two and a half year olds refine movement with finger and action songs. At mat time, exciting challenges encourage them to use right and left automatically.

GymbaROO for 3, 4 and 5 years

At this age most children are confident to leave their parents' side to enjoy the Sensory Perceptual Motor Program. This program challenges the children and refines their skills of jumping, throwing, balancing etc. with control. Cooperative games and advanced coordination skills extend this age. This requires children to motor plan i.e. think and move at the same time. This is a necessary skill for school readiness.

Enrol Your Child at Toddler Kindy GymbaROO!

- Help your child to learn to their potential through the right kind of movement.
- Learn about early childhood development and gain ideas to practise with your child during the week.
- Enjoy quality time participating with your child in the company of other parents and children.
- Qualified and caring educators can help you spot potential learning difficulties early so that remedial action can be taken.
- Take home weekly neuro-developmental information.

Centres located throughout Australia

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GymbaROO

Shape Your Child's Future
For Learning



45mins of fun for bub and mum per week

www.gymbaroo.com.au

1800-GymbaROO

JUST ASK AROUND